

Ofentimes the channels for direct tv do auto adjust sometimes depending on the zip code of the location it is very important every week you double check the channels to make sure everything is always the same and no channels deleted or repeated channels are on your tv screens.

Step 1) Go to <https://www.directv.com/guide> and enter your zip code so you can have all the channels that you would like to have active for the members

Step 2) Turn off all the Direct TV boxes and leave the first 1 on.

Step 3) plug the channel that you want for channel 2 with the direct TV remote

Step 4) Turn on a TV on a cardio equipment and put on Channel 2 to confirm it is on the correct channel

Step 5) If correct, turn that box off and move to the next directv box and turn that on.

Repeat the process for each individual direct tv box until everything is complete

Step 6) After completion turn all directv boxes on and run a channel sweep to make sure every single corresponds to the desired channels.

The following Channel Lineup for all clubs

Channel 2 CBS

Channel 3 NBC

Channel 4 FOX

Channel 5 ABC

Channel 6 FOX NEWS

Channel 7 CNN

Channel 8 MSNBC

Channel 9 ESPN

Channel 10 CNBC

Channel 11 YES

Channel 12 NESN

Channel 13 HGTV

Channel 14 USA

Channel 15 FOOD

Channel 16 TNT

Channel 17 TBS